

# Download File I Just Lost My Job Now What A Guide To Financial Survival After Losing Your Job Free Download Pdf

Keeping Your Head After Losing Your Job HELP! I Lost My Job and I Have No Money The New Rules of Work Slow Love American Made Losing Your Job and Finding Yourself Honey, I lost My Job! Losing Your Job- Reclaiming Your Soul Why Losing Your Job Could be the Best Thing That Ever Happened to You I Just Lost My Job. Now What? The Impact of Losing Your Job Slow Love Healing After Job Loss Job Loss, Identity, and Mental Health LIVING THROUGH JOB LOSS Crunch Time Fired NIV, Once-A-Day: Why Did I Lose My Job If God Loves Me?, eBook The Anatomy of Job Loss (Routledge Revivals) Daddy Lost His Job You're Fired Reset Happier How Santa Lost His Job Journalists and Job Loss When You Lose Your Job The Oxford Handbook of Job Loss and Job Search Off the Record The Feast Nearby Lost Your Job? Save Your House! The Cliff Walk When You Lose Your Job Make Job Loss Work for You What Color Is Your Parachute? 2016 Finding Work Without Losing Heart The JOY of Losing Your Job How to Deal with Losing your Job Great! You Lost Your Job, Now Find Your Life! The Subjective Experience of Joblessness in Poland Lose the Resume, Land the Job

This book is a survival guide for those who have lost their jobs to globalization and a bad economy. For the foreseeable future, economic conditions will worsen, real wages will continue to fall, and long-term unemployment will continue to increase. With 23 percent of the labor force unemployed or underemployed, the 10-year average personal savings rate at only 3.6 percent and median wages at less than \$16 per hour, few people are prepared for extended spells of unemployment. This guide describes the direction of the economy, how to find the resources to sustain yourself and your family, and how to gain financial independence and self-reliance for the long term. The ideas and solutions presented here are neither conventional nor easy, but they include life changes that everyone will eventually be forced to embrace. It is your choice whether to embrace them now or later. If you choose the later, you may find yourself among the majority of people struggling within a chaotic and emaciated economic environment. They lost their jobs - but went on to find far more fulfilling lives. Discover how being downsized can free you up to find your dreams - and achieve things you never thought possible! What Color Is Your Parachute? is the world's most popular job-hunting guide, revised and updated annually, with more than ten million copies sold. This 2016 edition features the latest studies and perspectives on today's job-market, including proven strategies for finding jobs even when everyone tells you there are none. Career expert Richard N. Bolles reveals surprising advice on what works—and what doesn't—so you can focus your efforts on tactics that yield results. This helpful manual shares proven tips for writing impressive resumes and cover letters, as well as guidance for effective networking, confident interviewing, and the best salary negotiating possible. But it goes beyond that by helping you to zero in on your ideal job—and life—with its classic Flower Exercise. Whether you're searching for your first job, were recently laid off, or are dreaming of a career change, What Color Is Your Parachute? will guide you toward fulfilling and prosperous work. From the Hardcover edition. What happens when Americans lose their jobs? In American Made, an illuminating story of ruin and reinvention, Pulitzer Prize-winning journalist Farah Stockman gives an up-close look at the profound role work plays in our sense of identity and belonging, as she follows three workers whose lives unravel when the factory they have dedicated so much to closes down. "With humor, breathtaking honesty, and a historian's satellite view, American Made illuminates the fault lines ripping America apart."—Beth Macy, author of Factory Man and Dopesick Shannon, Wally, and John built their lives around their place of work. Shannon, a white single mother, became the first woman to run the dangerous furnaces at the Rexnord manufacturing plant in Indianapolis, Indiana, and was proud of producing one of the world's top brands of steel bearings. Wally, a black man known for his initiative and kindness, was promoted to chairman of efficiency, one of the most coveted posts on the factory floor, and dreamed of starting his own barbecue business one day. John, a white machine operator, came from a multigenerational union family and clashed with a work environment that was increasingly hostile to organized labor. The Rexnord factory had served as one of the economic engines for the surrounding community.

When it closed, hundreds of people lost their jobs. What had life been like for Shannon, Wally, and John, before the plant shut down? And what became of them after the jobs moved to Mexico and Texas? American Made is the story of a community struggling to reinvent itself. It is also a story about race, class, and American values, and how jobs serve as a bedrock of people's lives and drive powerful social justice movements. This revealing book shines a light on a crucial political moment, when joblessness and anxiety about the future of work have made themselves heard at a national level. Most of all, American Made is a story about people: who we consider to be one of us and how the dignity of work lies at the heart of who we are. "In burnished, exquisite prose, Browning describes her feelings of being set adrift until she gradually transforms her helter-skelter days into a deliberate, contemplative way of life." -The Boston Globe In late 2007, Dominique Browning, the editor-in-chief of Conde Nast's House & Garden, was informed that the magazine had folded-and she was out of a job. Suddenly divested of the income and sense of purpose that had driven her for most of her adult life, Browning panicked. But freed of the incessant pressure to multi-task and perform, she unexpectedly discovered a more meaningful way to live. Browning's witty and thoughtful memoir has already touched a chord with reviewers and readers alike. While untold millions are feeling the stress of modern life, Slow Love eloquently reminds us to appreciate what we have-a timely message that we all need to hear. The Impact of Losing Your Job builds on findings from life course sociology to show clearly just what effects job loss has on income, family life, and future prospects. A positive, practical, and empowering new model of career resilience for everyone who has lost, fears losing, or is thinking of leaving their job in today's downsized, restructured workplace. In Crunch Time, Aliya Hamid Rao gets up close and personal with college-educated, unemployed men, women, and spouses to explain how comparable men and women have starkly different experiences of unemployment. Traditionally gendered understandings of work—that it's a requirement for men and optional for women—loom large in this process, even for marriages that had been not organized in gender-traditional ways. These beliefs serve to make men's unemployment an urgent problem, while women's unemployment—cocooned within a narrative of staying at home—is almost a non-issue. Crunch Time reveals the minutiae of how gendered norms and behaviors are actively maintained by spouses at a time when they could be dismantled, and how gender is central to the ways couples react to and make sense of unemployment. Madeleine Westerhout, the former "gatekeeper" of the Trump White House, writes about her relationship with the president, and tells the story of the terrible mistake that led to her losing her job. From the first day President Trump stepped into the White House, Madeleine Westerhout was by his side, first as his executive assistant, then as the Director of Oval Office Operations. From her desk outside the Oval, she saw everyone who came in to see the president. She placed his phone calls, and was in the room for several historic moments. During her time working with President Trump at the White House, Camp David, Mar a Lago, and Bedminster, she grew to love her job and admire the president. Then, in an unguarded moment during a dinner with reporters, she made a terrible mistake. In Off the Record, Westerhout tells the full story of this dinner for the first time, revealing the circumstances that led to her fateful mistake. She also writes about her relationship with President Trump -- all the lessons she learned working with him, and why she believes he is a much different man than the one the media portrays every day. Westerhout describes President Trump as a kind and generous boss who continues to be a great leader for our country. The first few moments...The first few emotions...In these times of economic uncertainty, believe me, the last thing a wife and mother of three, wants to hear from your husband is; "Honey, I lost my job." She was indeed very surprised to have her husband suddenly make this untimely announcement. While this occurrence in the life of a family is not new, she knew that to support her husband, this time, was not going to be easy. Today, it is not a matter of simply as telling him, "Well, honey, just find another job!" Her deep concern was that in today's present economy, finding another job is not as simple as it was even a few short years ago. Additionally, the impact on the household provider carries a

heavier weight. The time it takes to secure another position, is far more significant and with family savings not as they should be, many families are in major financial crisis for weeks. *Journalists and Job Loss* explores the profound disruption of journalism work in the 21st century's networked digital media environment. The chapters analyse how journalists have experienced and navigated job loss, re-employment, career change and career re-invention as traditional patterns of newsroom employment give way to occupational change, income insecurity and precarious work in journalism globally. The authors showcase the design, methodology and results of the New Beats project, a ground-breaking longitudinal study of change in the work of Australian journalists, as well as related case studies of job loss and career change in journalism based on research in different national settings across the global North and global South. The book also considers the wider implications of changes in journalism work for media sustainability, gender equity, and journalism work futures. The book provides a theoretically informed and empirically grounded analysis of job loss and the new contours of journalistic work in a critical political, cultural, economic, and social industry. It will be an important resource for researchers and students in disciplines including journalism, media and communication studies, business, and the social sciences in general. Welcome to the new world of job insecurity. Layoff. If you haven't experienced one, you know someone who has. Dwain Schenck speaks with authority; not only has he seen energetic, talented, and accomplished friends undergo the stress of job loss, but he, too, has felt the sting of being "let go." *Reset* is the uncompromising portrait of Schenck's journey: a successful journalist and communications professional who joins the ranks of the unemployed during the most dismal job market in modern history, his initial reactions of denial and depression sabotage his morale and motivation. Then, with the assistance of friends, wisdom from experts, and good old-fashioned creativity and tenacity, Schenck turns his attitude around. The hard-won, valuable advice and techniques in these pages can work for anyone concerned about job loss or keeping a job. *Reset* can position you to get back on your feet, often landing in a better place. Schenck covers a wide variety of topics with a humorous, light touch that balances the serious subjects within, which include: *The Emotional Phases of Unemployment* *Who Am I?* *Insecurity and Uncertainty Rules for Effective Networking* *Knowing Your Value in a Buyer's Market* *The Social Life of the Unemployed* *Mastering the Art of Reinvention* With insight and inspiration from Mika Brzezinski, Donald Trump, Christine Hefner, Mort Zuckerman, Susie Essman, Donny Deutsch, Larry David, Joe Echevarria, Mike Barnicle, and Joe Scarborough Within a single week in 2009, food journalist Robin Mather found herself on the threshold of a divorce and laid off from her job at the Chicago Tribune. Forced into a radical life change, she returned to her native rural Michigan. There she learned to live on a limited budget while remaining true to her culinary principles of eating well and as locally as possible. In *The Feast Nearby*, Mather chronicles her year-long project: preparing and consuming three home-cooked, totally seasonal, and local meals a day--all on forty dollars a week. With insight and humor, Mather explores the confusion and needful compromises in eating locally. She examines why local often trumps organic, and wonders why the USDA recommends white bread, powdered milk, and instant orange drinks as part of its "low-cost" food budget program. Through local eating, Mather forges connections with the farmers, vendors, and growers who provide her with sustenance. She becomes more closely attuned to the nuances of each season, inhabiting her little corner of the world more fully, and building a life richer than she imagined it could be. *The Feast Nearby* celebrates small pleasures: home-roasted coffee, a pantry stocked with home-canned green beans and homemade preserves, and the contented clucking of laying hens in the backyard. Mather also draws on her rich culinary knowledge to present nearly one hundred seasonal recipes that are inspiring, enticing, and economical--cooking goals that don't always overlap--such as Pickled Asparagus with Lemon, Tarragon, and Garlic; Cider-Braised Pork Loin with Apples and Onions; and Cardamom-Coffee Toffee Bars. Mather's poignant, reflective narrative shares encouraging advice for aspiring locavores everywhere, and combines the virtues of kitchen thrift with the pleasures of cooking--and eating--well. With sensitivity and common sense, the author of *Living Through Personal Crisis* now confronts the multitude of problems faced by the unemployed. Filled with inspiring stories of men and women who have lost their jobs but survived and thrived, this is the essential handbook for millions of Americans who have been displaced by changes in business today. Full of practical, time-tested counsel, this handbook offers simple, useful tips and activities to

counter the typically negative reactions to job loss, such as loss of self esteem, and explores thoughts and feelings with the goal of healing. Whether discussing situations when companies have been downsized or individuals have been fired, furloughed, or laid off, this guide provides a healthy way of dealing with often overwhelming feelings--of anger, anxiety, depression, and hopelessness--in a healthy, hopeful manner. Laid off, fired, early retired, relocated, demoted, unchallenged. Browning, former editor in chief of *House & Garden* magazine, offers a humorous and moving work about losing a job and winning a life. Job loss seems to be everywhere these days, but no matter how often it happens a person may feel ill-prepared to face the many emotions that accompany it. Donna Bennett offers readers a brief guide to getting through the first days and weeks of a job loss, and suggestions for getting the next position off to a great start. Thousands of people lose their jobs every day; therefore the competition to gang employment is great. Perfect your job searching skills to give you the best opportunity to compete with the other people that are out there in the job market. Searching for a job is work, treat it that way. Plan your activities for each day and make sure that everything is completed. Above all have faith that God will answer pray. "He may not answer when you want him to, but he will always be on time." Good luck on your job search! Hundreds of thousands of North Americans over the past several months have found themselves on the wrong end of a layoff. The majority of them are facing a roller coaster of emotions associated with being unemployed, possibly for the first time in their lives. They are angry, scared, and having trouble figuring out what to do next. Career counsellors Deems and Deems have seen it all too often and now offer the solution: A proven system for facing the emotions of a layoff head-on. Their sure-fire system teaches readers how to get past their emotions to look for a new job, possibly one that is a better fit than the one they left. *Make Job Loss Work for You* teaches readers how to tackle their emotional reactions to job loss including shock, anger, denial, self-doubt, and depression. This acceptance enables readers to move forward with their careers. Then, using the proven Deems Job Getting Skills System, readers can focus their career direction and make all the right moves toward landing a new job with the help of tips on resumes and cover letters, search strategy, offer negotiation, and success in the new job. This book describes the experience of joblessness and unemployment in contemporary Poland. It does so by combining qualitative and quantitative data from a special project conducted in Poland after the Great Recession and the long-term Polish Panel Survey (POLPAN) to describe the lives of the jobless: women and men currently out of work, the recently re-employed, and housewives. The book uses a class and inequality perspective to investigate how these women and men became jobless, how they look for and find employment, their household and social activities, and their political participation. It contextualizes these experiences with a description of Poland's economy, labor market and employment policies after the fall of Communism and builds on the active interviewing and social constructionist approaches to explore the complex interviewer-respondent relationship. Job loss is one of the most important issues in the capitalist world today: endless reports document the increasing scale of unemployment. This title, first published in 1982, adopted a new approach to the geography of job loss, to assess why redundancy happens and where. Massey and Meegan argue that an increase in dismissal does not necessarily mean that an industry is in decline; rather, it can be the result of a variety of issues, including production for profit and the relationship between industry and location. Throughout the book, discussions about theory and methodology are complemented by industry-based case studies. This title addresses issues of particular relevance to today's economic climate, and will be particularly valuable to students with an interest in employment and job loss, and industrial labour and profitability. Frustrated by Santa's slowness at Christmastime, Muckle the elf creates a mechanical replacement called the Deliverator and proposes a series of contests to prove that it can do Santa's job better than he can. Combining current knowledge from psychology, sociology, labor studies, and economics, *The Oxford Handbook of Job Loss and Job Search* presents one of the first comprehensive overviews of the knowledge and research on job loss and job search. It provides readers with suggestions for further research and offers hands-on practical advice. "In this definitive guide to the ever-changing modern workplace, Kathryn Minshew and Alexandra Cavoulacos, the co-founders of popular career website *TheMuse.com*, show how to play the game by the New Rules. The Muse is known for sharp, relevant, and get-to-the-point advice on how to figure out exactly what your values and your skills are and how they best play out in the marketplace. Now Kathryn and Alex have gathered all of that advice and

more in *The New Rules of Work*. Through quick exercises and structured tips, the authors will guide you as you sort through your countless options; communicate who you are and why you are valuable; and stand out from the crowd. *The New Rules of Work* shows how to choose a perfect career path, land the best job, and wake up feeling excited to go to work every day-- whether you are starting out in your career, looking to move ahead, navigating a mid-career shift, or anywhere in between"-- Our jobs are often a big part of our identities, and when we are fired, we can feel confused, hurt, and powerless—at sea in terms of who we are. Drawing on extensive, real-life interviews, *Job Loss, Identity, and Mental Health* shines a light on the experiences of unemployed, middle-class professional men and women, showing how job loss can affect both identity and mental health. Sociologist Dawn R. Norris uses in-depth interviews to offer insight into the experience of losing a job—what it means for daily life, how the unemployed feel about it, and the process they go through as they try to deal with job loss and their new identities as unemployed people. Norris highlights several specific challenges to identity that can occur. For instance, the way other people interact with the unemployed either helps them feel sure about who they are, or leads them to question their identities. Another identity threat happens when the unemployed no longer feel they are the same person they used to be. Norris also examines the importance of the subjective meaning people give to statuses, along with the strong influence of society's expectations. For example, men in Norris's study often used the stereotype of the "male breadwinner" to define who they were. *Job Loss, Identity, and Mental Health* describes various strategies to cope with identity loss, including "shifting" away from a work-related identity and instead emphasizing a nonwork identity (such as "a parent"), or conversely "sustaining" a work-related identity even though he or she is actually unemployed. Finally, Norris explores the social factors—often out of the control of unemployed people—that make these strategies possible or impossible. A compelling portrait of a little-studied aspect of the Great Recession, *Job Loss, Identity, and Mental Health* is filled with insight into the identity crises that unemployment can trigger, as well as strategies to help the unemployed maintain their mental strength. A boy finds that when his father lost his job, it was tough at first, but they were able to learn how to be careful how they spent money. A Wealth of Information David L. Blaydes, author and Certified Financial Planner (CFP®) with a Masters in Financial Planning, offers the recently terminated employee a valuable resource: a must-read guide to financial survival after losing your job. Using road signs as metaphors for navigating the financial bumps in the unemployment road, Blaydes guides you through every stage of financial planning necessary during this stressful period. In *I Just Lost My Job. Now What?* you will learn how to avoid the top ten money management mistakes, where to turn for money when you need it most, and how to reduce your cash flow. Along the way, Blaydes offers tips and guidance while sharing how you can avoid making short-term financial mistakes that could have disastrous long-term financial consequences. David Blaydes is the founder and CEO of Retirement Planners International, Inc., (RPI) and has been successfully engaged in the financial planning industry since 1977. He specializes in working with terminated employees and outplacement firms. He uses his skills and expertise to guide people through stressful financial and emotional times while offering sound financial survival strategies. Can You Learn to Be Happy? YES . . . according to the teacher of Harvard University's most popular and life-changing course. One out of every five Harvard students has lined up to hear Tal Ben-Shahar's insightful and inspiring lectures on that ever-elusive state: HAPPINESS. HOW? Grounded in the revolutionary "positive psychology" movement, Ben-Shahar ingeniously combines scientific studies, scholarly research, self-help advice, and spiritual enlightenment. He weaves them together into a set of principles that you can apply to your daily life. Once you open your heart and mind to Happier's thoughts, you will feel more fulfilled, more connected . . . and, yes, HAPPIER. "Dr. Ben-Shahar, one of the most popular teachers in Harvard's recent history, has written a personal, informed, and highly enjoyable primer on how to become happier. It would be wise to take his advice." --Ellen J. Langer, author of *Mindfulness* and *On Becoming an Artist* "This fine book shimmers with a rare brand of good sense that is imbedded in scientific knowledge about how to increase happiness. It is easy to see how this is the backbone of the most popular course at Harvard today." --Martin E. P. Seligman, author of *Authentic Happiness* Five years ago, Don Snyder was teaching English at Colgate University. He was forty years old and had a wife, three children, a new baby on the way, and what seemed like a secure middle-class future. But then Snyder lost his chance at tenure -- and, all of a sudden, he was out of a job. The

*Cliff Walk* is a moving, clear-eyed account of Snyder's agonizing loss and what it feels like to fall, rung by rung, down the socio-economic ladder. Snyder chronicles the denial and disbelief he went through as his hopes of finding another teaching job faded after being rejected for ninety positions. He explains how each painful change -- selling his house, buying groceries with food stamps -- reminded him how much he and his family had taken for granted in their previous life. And he describes how he finally found new hope in a job on a home construction crew in Maine. Working outside for ten hours a day through a vicious winter taught Snyder about his own cowardice and the lies he had come to believe about what a professional life of hard work entitled him to. Written with precision and elegance, *The Cliff Walk* captures the depth of one family's love and speaks to anyone who has ever wondered what it would be like to be out of a job and out in the cold. "You're fired!" Donald Trump became famous bellowing those words in a make-believe boardroom. In November, tens of millions of Americans want to yell it right back at him. Yet Trump has seemed to almost defy the laws of political physics. Paul Begala, one of America's greatest political talents, lays out the strategy that will defeat him and send him and his industrial-strength spray-on tan machine back to Mar-a-Lago. In *You're Fired*, Paul Begala tells us how Trump uses division to distract from the actual reality of his record. Distraction, he argues, is Trump's superpower. And this book is Kryptonite. In it, the man who helped elect Bill Clinton and reelect Barack Obama, details: -The special weapons and tactics needed in the unconventional war against this most unconventional politician -How to drive a wedge—or, rather, a pickup truck—between Trump and many of his supporters, especially blue-collar workers and farmers -Where the votes to defeat Trump will come from, and how the Rising American Electorate can catch Trump flat-footed -How Democrats can run on issues ranging from Coronavirus and healthcare to the economy, as well as climate change and Trump's long-term plan to dominate the federal judiciary -There is one chapter called simply, "This Chapter Will Beat Trump." Find out why Begala is so confident and what issue he says will sink the Trumptanic Full of memorable advice and Begala's trademark wit, *You're Fired* focuses on the lessons we can learn from the party's successes and failures—and the crucial tools Democrats need to beat Trump. Employed, unemployed, or FIRED, this is a book for you! Prepare to re-frame your perceptions of what it means to be financially secure and career-stable. In our lay-off prone modern society, this book is a must-read. You are about to discover why losing your job is not the great tragedy it was in previous generations and why it is, in fact, one of the greatest opportunities you will have to change your life! Its time to stop fearing 'being fired' and wake up to the fact it is the best thing that can happen to you. Uncover the five key areas of your life to focus on as you start to build the life you really want, and learn how these 5 areas can provide the foundation for a life more fulfilled, more enriched and more exciting than you could ever have imagined. Filled with practical steps to help you back into the workforce, or to simply rebuild your confidence after losing your job, FIRED is the book you need to get you back on track and start making huge gains in your life. "For those whose jobs have been a victim of the economic impact of the pandemic, it is a timely reminder not only to stay determined, but hopeful." - Financial Times "This book reminded me why an ending - especially an unexpected one - can be the best kind of beginning" Viv Groskop, author of *Lift As You Climb* "This book will help you escape the valleys of rejection bound for the peaks of opportunity" Bruce Daisley, bestselling author of *The Joy of Work* 'So much more than a user guide to life after redundancy, it's an inspiring lesson on how to deal with the knocks of everyday life; written with humour, empathy and honesty' Debbie Hewitt MBE, Chair, Visa Europe Why Losing Your Job Could be the Best Thing That Ever Happened to You is a compassionate guide that will inform and engage anyone who is facing redundancy or job loss; with deeply inspiring case studies and clear and brilliantly accessible, practical advice for getting back on course with your life and career. Learn how to: -Navigate feelings of anger, guilt and shame -Search for new beginnings -Overcome analysis paralysis -Progress with small steps Eleanor Tweddell's five-step plan will support you through the early stages of shock, through to building up the skills, self-confidence and motivation to thrive after redundancy; whether that is in your previous sector or something new. Whether losing a job by layoff or by choice, this memoir and guide offers solace, insights, and actions to navigate a transition that can be traumatic, turbulent, and triumphant. Reading Nancy's story is like having a conversation with a trusted confidant and coach. HELP AND HOPE WHEN YOU NEED IT MOST If you are one of the millions of Americans in the midst of career transition, chances are that you're

discouraged by the difficulty of finding work. Rick J. Pritikin, a former business executive and founder of Christian Fellowship and Placement Ministries, understands firsthand the feelings of hopelessness and despair that typically accompany the loss of a job. Writing from personal experience, Rick has authored 31 daily biblically-based meditations that address the unique challenges faced by anyone who is unemployed. Practical, intimate, and always inspirational, each daily reading will help you find rich personal growth and intimacy with God during this time in which God is preparing you for your next career opportunity. As you spend 31 days reading through *Why Did I Lose My Job If God Loves Me?* you will rediscover that you can depend on God no matter what the future looks like on the surface. Features:

- Expanded introduction from Rick Pritikin, founder of Christian Fellowship and Placement Ministries, Inc.
- 31 days of encouraging readings, including:
  - o A short, hopeful reflection
  - o A Scripture verse and prayer to meditate on
  - o Daily points to ponder
- 101 Scripture verses focused on hope, encouragement, and God's provision

"Lose the Résumé' breaks down every aspect of job hunting, explaining what matters and what doesn't." - The New York Times Book Review

Lose the resume and land that coveted job Gone are the days of polishing up your resume and sending it out at random. At every level today, you need to "lose the resume" in order to land the right job. In other words, you have to learn to tell a story about yourself that speaks to your competencies, purpose, passion, and values. Lose the Resume, Land the Job shares the new rules of engagement: How you must think, act, and present yourself so you can win. Based on inner exploration drawn from the IP of the world's largest executive recruiting firm, the book gleans insights and stories (the good, the bad, and sometimes the ugly) from Korn Ferry recruiters across the globe who work with thousands of candidates each day. It helps you gain a deeper perspective on who you are, what you're passionate about, the cultures in which you fit, the kind of bosses you should work for, and where you can bring the most value to organizations.

- Includes assessments, questionnaires, and other tools
- Candid advice for young professionals through middle managers
- Offers trusted guidance from the same firm that has shown 8 million executives how to achieve their career goals, and that puts a professional in new job every three minutes
- Helps you build a plan for the future so you can contribute more to the next employer

Getting a job and, more importantly, building a career has never been more complex. Lose the Resume, Land the Job helps you score the positions that align with your passion and match your attributes — and that will put you on a trajectory toward bigger and better things. A self-help book to help the unemployed and their families cope more effectively during a time when they feel helpless. If you are not waking up every day in love with your life, it is time to make a change. If you are not in love with the person you are with, if you are not in love with your job, if you are not in love with the station you inhabit, you must realize that you are staying out of fear. A fear of the unknown. You probably think these things are your safety net, but they are not. They are your leash. The leash that is holding you back from your happiness and truly experiencing life. It would be the words that my younger brother shared with me, "Great! You lost your job, now find your life," on the day I was terminated from my job that would inspire me to write this book. I wanted to keep a journal of my thoughts, experiences, and ideas every day until I was employed again. One day turned into a week, a week turned into a month, and a month would eventually turn into a year. It would be that year that would change my life forever. I was forced to face the reality of who I had become. I was able to manage to become a somewhat-successful person in life without becoming a complete person. Without truly knowing myself. My hope is that this book lands in your hands when you need it most. I think our priorities are all wrong. We are chasing wealth and material things, thinking those are what will give us a fulfilling existence. We are wrong, and it is time for each of us to find our life. —Lloyd Hopkins

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